

SUN

MON

TUE

WED

THU

FRI

SAT

SEPT 2018



HUNGER ACTION MONTH™



Learn about how hunger impacts over 527,000 people in our 19 county service area at [SecondHarvestMetrolina.org](http://SecondHarvestMetrolina.org).

01

**Have a Food Drive Cookout!** Invite friends and family to bring food donations - you can also use our text-to-give to raise funds! Text **HAM2018** to **41444**

02

**LABOR DAY** Sign up to stay connected to us and receive SHMetrolina news here.

03

**Tape this calendar** to the fridge in your home and office.

04

Get your ticket(s) to the **Sept. 28 Wine Women & Shoes** at The Westin to help end hunger.

[Click here to purchase.](#)

05

**Call to Action** - Post a Plate Picture on social media and tag @SHMetrolina

06

**Can you spot the #SHMetrolina truck on the move?** Take a pic and tag us on social media - but NOT while you're driving :)

07

Follow **@SHMetrolina on Instagram** here!

08

**Grandparents Day** Make an online donation in their honor at [SecondHarvestMetrolina.org](http://SecondHarvestMetrolina.org)

09

Amelie's Bakery **Macaroon Fundraiser!** Sept. 10 - October 10 - 100% of proceeds benefit SHMetrolina!

10

**SIGN UP** to hold a **food/fund drive** at your office this Fall. See how here.

11

**Skip Coffee** - Donate \$5 to SHMetrolina.

[Click here to donate.](#)

12

Share this calendar with a friend.

13

**HUNGER ACTION DAY! Wear Orange!**

Text **HAM 2018** to **41444** to donate to help those in need.

14

**Clean out your pantry** and make a donation to SHMetrolina to help feed those in need.

15

**Contact your faith community** about organizing a food/fund drive. [Click here for more info.](#)

16

**Organize a Brown Bag Lunch with Co-workers** and donate what you would spend on lunch to SHMetrolina. [Donate here.](#)

17

See if your employer will **match donations** to SHMetrolina.

18

**Volunteer at SHMetrolina** - it's as easy as 1.2.3!

[Find out how here.](#)

19

Follow and tag **@SHMetrolina on Twitter** here.

20

**Involve your youth group, children or classroom** in a discussion about hunger.

21

**Be a Hero for Hunger and become a SHMetrolina Monthly Donor** - [Click here for more info.](#)

22

Sign up to walk and **fundraise** in the **2018 CROP WALK** to end hunger. See how here.

23

**Host a Third Party event** fundraiser for SHMetrolina. [More info here.](#)

24

**Watch our video posted on YouTube** and give it a like and our profile a follow. [Click here to view.](#)

25

**Organize a Peanut Butter drive** at your office - it's on our most needed list. See our [Food/Fund Drive Kit](#) here for more info.

26

Follow **@SHMetrolina on Facebook** here - Share our mission and help us grow our social media followers.

27

**Wine Women & Shoes** at The Westin Charlotte sponsored by Harris Teeter & Mercedes - Benz South Charlotte

28

**Share SHMetrolina twitter, Instagram, facebook and youtube pages** with your followers.

29

**Donate 30 non-perishable food items** to SHMetrolina today.

30

**For \$1 we can provide 7 pounds of food.**  
**[SecondHarvestMetrolina.org](http://SecondHarvestMetrolina.org)**