Cabarrus County, NC Facts at a glance

- Cabarrus County has a population of 195,005.
- There are 22,481 individuals living at or below the poverty level. This represents 11.5% of the population.
- There are 1,957 individuals 65 years and older living at or below the poverty level. This represents 8.1% of the older adult population.
- There are 8,067 children living at or below the poverty level. This represents 15.9% of the child population.

In 2019-2020, the Food Bank distributed over 70 million pounds of food and household items throughout our 24 county service region.

In 2019-2020, the Food Bank distributed over 3.2 million pounds to agencies in Cabarrus County.

The Food Bank supports 27 programs in Cabarrus County including Cooperative Christian Ministry, Operation Bread Basket, Church of God Children’s Home, Salvation Army, Cabarrus County Senior Center and Baptist Sharing House.

The Food Bank sponsors Kids Cafés at the Boys & Girls Club of Cabarrus County and at the Multi-Cultural Community Student Union. The Food Bank also sponsors Backpack programs at Winecoff Elementary School, Carver Elementary School, McAllister Elementary School and McKnight Child Development.

The Second Helping Program provides monthly food boxes to homebound seniors in Cabarrus County. These boxes are provided by the Food Bank and delivered by the Cabarrus County Senior Center.