

Gaston County, NC *Facts* at a glance



- Gaston County has a population of 225,050.
- There are 27,965 individuals living at or below the poverty level. This represents 12.4% of the population.
- There are 4,304 individuals 65 years and older living at or below the poverty level. This represents 11.8% of the older adult population.
- There are 7,766 children living at or below the poverty level. This represents 15.6% of the child population.

Gaston County Distribution

In 2023-2024, the Food Bank distributed over 88 million pounds of food and household items throughout our 24 county service region.

In the past year, the Food Bank distributed over 5.3 million pounds to agencies in Gaston County.

Gaston County Partners

The Food Bank serves 36 programs in Gaston County including Crisis Assistance Ministry, S.O.C.K.S., Belmont Community Organization, Dallas Christian Ministries, New Covenant Church, Cherryville Area Ministry and Salvation Army.

Child Hunger Programs

There are five Kids Café sites in Gaston County. These are located at the West Gastonia Boys and Girls Club, the Salvation Army Boys & Girls Club in Lowell, Bessemer City Boys & Girls Club, Bradley Teen Center Boys and Girls Club and Boys and Girls Club Dallas. The West Gastonia and Lowell sites also have Backpack programs.