Gaston County, NC
Facts at a glance

- Gaston County has a population of 211,023.
- There are 34,874 individuals living at or below the poverty level. This represents 16.5% of the population.
- There are 3,224 individuals 65 years and older living at or below the poverty level. This represents 10.2% of the older adult population.
- There are 11,793 children living at or below the poverty level. This represents 24.3% of the child population.

In 2019-2020, the Food Bank distributed over 70 million pounds of food and household items throughout our 24 county service region.

In 2019-2020, the Food Bank distributed over 4.5 million pounds to agencies in Gaston County.

The Food Bank serves 33 programs in Gaston County including Crisis Assistance Ministry, S.O.C.K.S., Belmont Community Organization, Dallas Christian Ministries, New Covenant Church, Cherryville Area Ministry and Salvation Army.

There are five Kids Café sites in Gaston County. These are located at the West Gastonia Boys and Girls Club, the Salvation Army Boys & Girls Club in Lowell, Bessemer City Boys & Girls Club, Bradley Teen Center Boys and Girls Club, and With Friends. The West Gastonia and Lowell sites also have Backpack programs.