Montgomery County, NC

at a glance

- Montgomery County has a population of 26,509.
- There are 5,550 individuals living at or below the poverty level. This represents 20.9% of the population.
- There are 545 individuals 65 years and older living at or below the poverty level. This represents 10.8% of the older adult population.
- There are 1,922 children living at or below the poverty level. This represents 30.6% of the child population.

Montgomery County Distribution

In 2019-2020, the Food Bank distributed over 70 million pounds of food and household items throughout our 24 county service region.

In 2019-2020, the Food Bank distributed over 1.5 million pounds to agencies in Montgomery County.

Montgomery County Partners

The Food Bank supports 28 programs in Montgomery County including Mt. Gilead Food Pantry, Montgomery County Council on Aging, the Montgomery Baptist Association and Communities in Schools Backpack Program.

Child Hunger Programs

The Food Bank partners with Communities in Schools of Montgomery County to provide backpacks at Troy Elementary School, Green Ridge Elementary School, Candor Elementary School, Mt. Gilead Elementary School, Star Elementary School, Page Street Elementary School, East Middle School, West Middle School, East Montgomery High School, West Montgomery High School and Montgomery Learning Academy.

Senior Hunger Programs

The Second Helping Program provides monthly boxes of food to homebound seniors in Montgomery County. These boxes are provided by the Food Bank and delivered by the Mount Gilead Food Pantry.