In 2019-2020, the Food Bank distributed over 70 million pounds of food and household items throughout our 24 county service region.

In 2019-2020, the Food Bank distributed over 2.8 million pounds to agencies in Union County, NC.

The Food Bank supports 55 programs in Union County, NC including Union County Senior Nutrition, Loaves and Fishes, New Testament Adult Daycare, Open Arms, Common Heart and Food For Families.

There are three Kids Café sites in Union County, NC located at YWCA Old Armory, YWCA Willow Oaks and Monroe PAL. The YWCA sites also have Backpack Programs. In addition, the Food Bank also sponsors Backpack Programs at Antioch Elementary School, Monroe High School, Monroe Middle School, Parkwood Middle School, Parkwood High School, Poplin Elementary School, Porter Ridge Elementary School, South Providence School, Rocky River Elementary School, Western Union Elementary School, East Elementary School, Wingate Elementary School, Sardis Elementary School, Walter Bickett Elementary School, East Union Middle School, Forest Hills High School, Marshville Elementary School, Children of Tomorrow Day Care and Sun Valley High School.

The Second Helping Program provides monthly boxes of food to homebound seniors in Union County. These boxes are provided by the Food Bank and delivered by Union County Senior Nutrition and Common Heart.

- Union County, NC has a population of 219,348.
- There are 20,626 individuals living at or below the poverty level. This represents 9.4% of the population.
- There are 1,473 individuals 65 years and older living at or below the poverty level. This represents 5.8% of the older adult population.
- There are 7,823 children living at or below the poverty level. This represents 12.7% of the child population.