



Together We CAN End Hunger



Response to COVID-19 (Coronavirus)

INFORMATION AND WAYS YOU CAN HELP

WHAT WE ARE DOING:

Second Harvest Food Bank of Metrolina has always prioritized the health and safety of our community, volunteers and staff. Food safety has been a number one goal of the Food Bank's since we started in 1981. We are taking extra safety and cleanliness precautions in all of our facilities as our country struggles to best manage the Coronavirus (COVID-19).

The Food Bank is working with our over 800 partner agencies in 24 counties, including our local school systems, to assess how we can best be of service at this time. We are working to support several groups through our efforts including families of children whose school meals will be missing during times of school closures, seniors who are being asked to remain safely at home, and individuals being affected by business closures and cancellations. In many cases these are hourly workers and any reduction in hours causes a tremendous burden.

HOW YOU CAN HELP:

The greatest need currently is for funds to purchase healthy shelf stable items for food boxes. These boxes will help feed families whose children are missing school meals, seniors being asked to stay safely in their homes, those in need of food who are quarantined, and employees in our community being impacted by decreases in work hours.

Within the next 30 days, we will be packing tens of thousands of these food boxes and you can help us in two ways:

DONATE

- **Make a donation of \$25** that will help provide a seven day nutritionally balanced food box
- **Make a donation of \$13** for a food box that will include 12-13 healthy staple items
- **Make a donation of \$7** that will help provide an additional backpack for children missing school meals

Donate at [SecondHarvestMetrolina.org](https://www.SecondHarvestMetrolina.org)

VOLUNTEER

Our volunteers are instrumental to food distribution in our 24-county service region. Our 800+ agency partners rely on us to be sure that the children, seniors, families, veterans, and pets that they serve have access to healthy foods. As a safety precaution, we are asking volunteers and staff to stay home if they experience any symptoms of illness, or if they have traveled to high-risk locations within the last 30 days.

At this time, volunteer sessions are planned to run as scheduled, however, due to many company policies during the virus outbreak, quite a few of regular groups have had to cancel their shifts. We are in desperate need of volunteers to help fill those shifts. **The Food Bank is taking every safety precaution for our volunteers and staff including increased cleaning/sanitizing of our facility after each volunteer shift, consistent handwashing, along with social distancing.**

We are also eliminating handshakes and hugs ... sorry. Elbow bumps are welcome! To keep our volunteer group numbers limited, we are hosting small volunteer shifts (25 person maximum). We need your help - so please consider volunteering with us.

If you are interested in volunteering, and are healthy and without any cold/flu symptoms, please visit www.secondharvestmetrolina.org/give-time/volunteer for availability. We encourage everyone to stay safe during this time. Thank you for your continued support.

