



Second Harvest Food Bank of Metrolina (SHMETROLINA) strives through education, advocacy, and partnerships to eliminate hunger by the solicitation and distribution of food. SHMETROLINA has been in existence since 1981.

This is accomplished through food distribution, programs, education, and advocacy. We provide a regional distribution warehouse and branches that supply food and grocery items to charitable agencies that assist people in need. We provide training, technical assistance, and hunger education to our partner agencies.

Over 950

Partner agencies distribute food to people at risk of hunger. Partner agencies include soup kitchens, emergency pantries, homeless shelters, senior programs, low-income daycares, veteran assistance organizations, and animal rescues.

Million Pounds

of food and other household items were distributed in 2021-2022.

Over 41 million pounds of our annual distribution is fresh produce, meat and dairy. SHMETROLINA not only provides emergency support, but also works to address the systemic issues that cause food insecurity and poverty.



SHMETROLINA serves agencies in 14 counties in NC and 10 counties in SC.