



# GIVING THANKS

**SECOND HARVEST FOOD BANK OF METROLINA**

500-B Spratt Street, Charlotte, NC 28206 | 704.376.1785

FALL | 2018

## OUR NEIGHBORS IN NEED ARE COUNTING ON YOU

When Jessica lost her oldest child to a terrible car accident, she and her husband thought their world had come to an end. What has kept them going are their other children ages 4, 12, and 15. Even so, life has been a struggle.

It's been nearly impossible to feed a family of five on one income. Jessica's husband loves his work delivering truck tires throughout the area. "But his hours fluctuate, so it's not like we get the same amount of pay, every paycheck," Jessica explains.

When their four-year old starts preschool soon, Jessica hopes to find a part time job to help with expenses, but that's a challenge in the small community where she lives.

Summers are particularly difficult with three growing children. Jessica laughs and says, "They can easily eat you out of house and home. Normally they get a free breakfast and lunch at school, and having my two older boys at home is an extra 40 meals a month."



“

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**CONTINUED ON PAGE 2**

# HOW YOU CAN HELP

## DONATE MONEY & ASSETS

**\$1 = \$7 POUNDS OF FOOD**

- Individual Giving
- Event Sponsorships
- Corporate Giving
- Planned Giving
- Matching Gifts Through Your Employer
- Stock Donations

FOR MORE INFORMATION, VISIT  
[WWW.SECONDHARVESTMETROLINA.ORG/GIVE-MONEY](http://WWW.SECONDHARVESTMETROLINA.ORG/GIVE-MONEY)

## DONATE FOOD OR FUNDS

**ONE POUND EQUALS 7 POUNDS OF FOOD**

- Company Food Drives
- Virtual Food Drives
- School Food Drives
- Community Food Drives
- Individual Food Drives

FOR MORE INFORMATION, VISIT  
[WWW.SECONDHARVESTMETROLINA.ORG/GIVE-FOOD](http://WWW.SECONDHARVESTMETROLINA.ORG/GIVE-FOOD)

## DONATE TIME

Every hour donated saves the food bank approximately \$23 in labor costs. Last year volunteers gave **278,000 HOURS**, a total value of **\$6.4 MILLION DOLLARS**.

FOR MORE INFORMATION, VISIT  
[WWW.SECONDHARVESTMETROLINA.ORG/GIVE-TIME](http://WWW.SECONDHARVESTMETROLINA.ORG/GIVE-TIME)

# A MESSAGE FROM OUR CEO

“

Not what we say about our blessings, but how we use them, is the true measure of our Thanksgiving.

-W. T. PURKISER



Kay Carter  
CEO

Friends of the Food Bank,

When you consider Thanksgiving, what comes to mind? Most of us remember family, friends, and food. The memories of time spent with loved ones watching parades and ball games, children laughing, and conversations in the kitchen are priceless. With a chill outside, the smell of turkey and dressing and pies warm the air — and our hearts — on the inside.

The fondest memory I have during the holidays is remembering how friends like you are so willing to give of your time, talent, and money to make sure our neighbors won't go hungry. Think about it, last year we distributed more than 54 million pounds of food and other household items to those who needed it most. The joy on the faces of suffering children, parents, seniors, and veterans who were given real hope through the food you've provided is heartwarming.

For most of us, we have so much to be thankful for in our lives. But not all of us, and the demand is growing. Because of you we're meeting many of those demands. Thank you for your generosity, you're making sure our neighbors can celebrate the holidays rather than being hungry.

**Thank you for caring like you do, together we CAN end hunger.**

Kay Carter  
CEO

## OUR NEIGHBORS IN NEED ARE COUNTING ON YOU

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But thanks to you, Jessica and her family get the help they need through one of our food pantry partners — East Lincoln Christian Ministry. “We really don't know what we would do without the help of Christian Ministry. They really make a difference in our lives, for sure,” she said.

Because of your support for Second Harvest Food Bank of Metrolina, you're changing the lives of so many families. “It really helps my kids thrive,” Jessica says, “The fact that we have access to food like this really helps us. Thank you so much.”



# ROCK HILL SENIOR CENTER



Bertie is 74, a proud mother of three daughters plus three grown grandchildren. She's lived in Rock Hill for 57 years and says, "I was in the textile industry for all my working years until I retired."

She's lived alone for a long time, but the expense of a house, medical bills, and groceries has made life difficult on her small retirement. "I have a very fixed income. I'm at the lower end of the income level," she says. As the cost of living goes up, Bertie's ability to provide for herself suffers, and so does she.

"Every time I go to the grocery store, I see prices going up and up and up and my money only goes so far," she explains. Bertie recently discovered one of our food distribution partners, the Rock Hill Senior Center, which has given her real hope in light of her dwindling income.

"I have a few groceries at home," she says. But at the Senior Center, Bertie is able to get, "very, very good food, nutritional and well-balanced food. Everything is so good, the corn, bell peppers, tomatoes, and grapes, a lot of fresh produce. Of course, the canned stuff and cereals are great too," she said.

“

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Our neighbors should never have to go hungry, and your generosity is helping struggling seniors, like Bertie, get the food they need but can't afford. "Like I said, I'm at the very low end of income and so it definitely, definitely is a big help for me," she explains. Thank you for your support, you're making a difference where it really counts.

## VOLUNTEER SPOTLIGHT: LINDA JONES CAMPBELL

Linda Jones Campbell has the heart of a true servant, and a resume to go with it. She spent 40 years teaching children, grades one through eight, and enjoyed every moment. When her mother became ill, Linda said, "I moved back home to care for her until she passed."

To fill the void of her mother gone, Linda continues to serve the old and young alike, helping worried seniors and children with their most basic need for food. Linda volunteers every Monday through Thursday at one of our valued partners, Care to Share Outreach Center & Food Pantry in Charlotte.

Linda loves working there because, "If I didn't, I definitely wouldn't come every day," she says with a laugh. "We're just a family."

But it's the children, **"That's where my mind goes because I taught school. These little ones need our help to give them that nutrition to go to school and function,"** she explains.

Linda knows it's your kindness that enables us to support our pantry partners like Care to Share. "I'm very appreciative," she says. **"We love what you do for us, please continue to give and don't stop."** Your faithfulness is helping people where it's needed most — Thank You!



# HOW YOU ARE HELPING US FIGHT HUNGER

Every gift you make immediately goes to work to help hungry children, families, seniors, veterans and pets in our communities. Here is more information about some of the programs you are supporting:

- **Backpack Program** — This program is designed to provide children at risk of hunger with backpacks full of ready-to-eat, nutritious foods for weekends and holidays when school meals are not available. The program currently operates 183 sites in 17 counties.
- **Kids Café Program** — Second Harvest partners with agencies that already serve children at risk of hunger to help provide nutritious meals and snacks at their sites. We currently operate over 40 of these sites in 11 counties and serve thousands of children who might otherwise go hungry.
- **Second Helping** — This program provides monthly boxes of supplemental nutritious food to older seniors working with our Meals on Wheels partners. Second Helping supplements the daily nutritious meals received through that program with supplies of easy-to-open nutritional items.
- **School-Based Mobile Pantries** — This program supplements our backpack program at high-poverty elementary schools. It provides on-site food including produce, meat and dairy for low-income families. This helps the children have enough nutritious food to eat and to come to school prepared to learn. This year, SHFBM will provide close to 175 school-based mobile pantries.
- **Rural Mobile Pantries** — This program is designed to deliver food to rural areas of our service region where poverty rates tend to be higher and resources can be scarce. Specially equipped trucks deliver 5,000 to 10,000 pounds of food per trip. This past fiscal year 162 mobile pantries were held delivering almost 1.4 million pounds of food through this program.

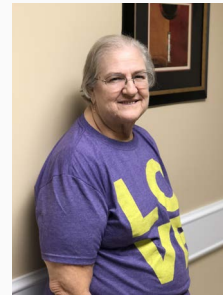
- **Operation Rescue Pet Food Bank** — The Second Harvest Pet Food Bank is here to assist area animal rescue organizations with feeding the pets that they care for. SHFBM receives and redistributes salvage pet foods and supplies to dozens of animal rescue operations throughout our 19-county region. These supplies help shelters reduce operating costs, freeing up funds to save more animals.

TO LEARN MORE, VISIT [SECONDHARVESTMETROLINA.ORG](http://SECONDHARVESTMETROLINA.ORG).

# THANK YOU!



AMAZING THINGS HAPPEN BECAUSE OF DONORS LIKE YOU.



“

Thank you for providing for what we can't provide sometimes. Not only us but our kids more than anything. At the end of the day, that is what counts. We are adults. We can actually go on days without, but kids? They are kids, they do not know.

-MAGALY, A MOBILE PANTRY CLIENT

## CONTACT US

### SECOND HARVEST FOOD BANK OF METROLINA

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[www.SecondHarvestMetrolina.org](http://www.SecondHarvestMetrolina.org)



Together We CAN End Hunger

Stay up-to-date on all of our upcoming events by following

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Bookmark our website at  
[SECONDHARVESTMETROLINA.ORG](http://SECONDHARVESTMETROLINA.ORG)

